

INSIDE OUT



Radio
phoenix
96.7FM





INSIDE OUT

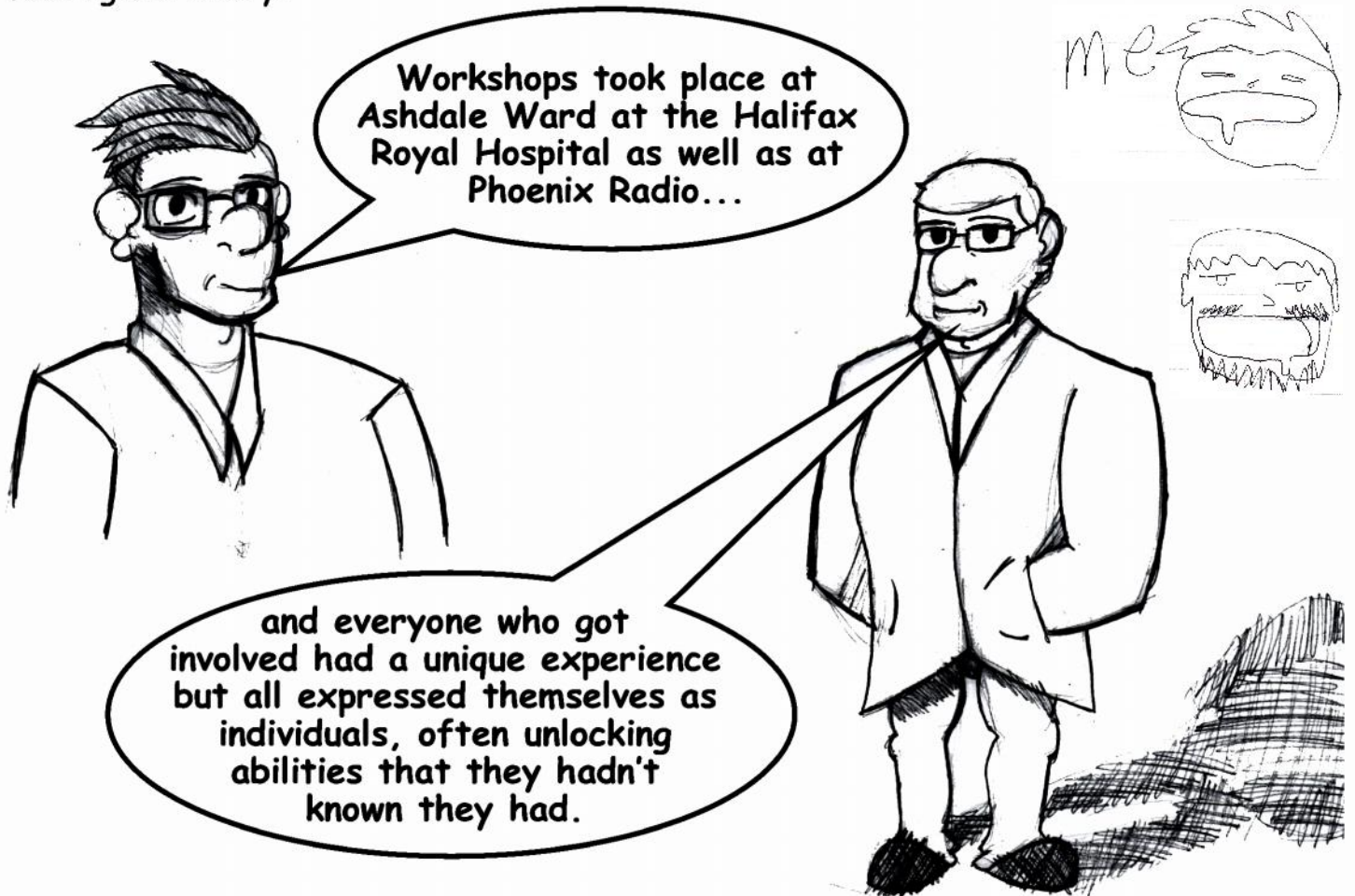


Welcome to Inside Out. Thanks to funding from Creative Minds we have created a series of short stories and works in progress with and by young people with mental health issues.

Through a series of workshops we looked at how many comic book characters have been affected by trauma, bereavement, alcoholism and other life changing circumstances.

Throughout the history of comics, the heroes that we look up to, Superman, Batman, Spiderman, Daredevil, The X-Men have all experienced prejudice, anxiety and trauma. The intention was that the stories had messages of hope.

Therapeutic approaches included creating stories through writing and drawing that released emotion and energy as much as representational and creative writing and art that tells their story using fictional characters to express their feelings or story.



Workshops took place at Ashdale Ward at the Halifax Royal Hospital as well as at Phoenix Radio...

and everyone who got involved had a unique experience but all expressed themselves as individuals, often unlocking abilities that they hadn't known they had.

WEREWOLF

LANE

WOLF → collector

staring:

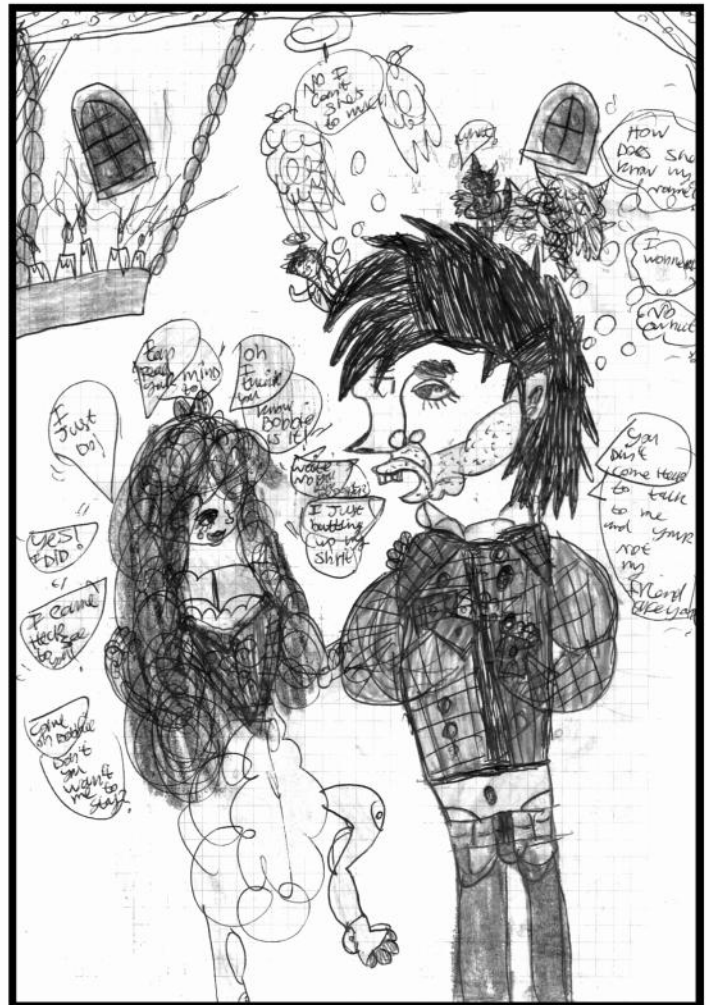
on
dam
it!

I
can't
find
the right
screw
driver!

Tom
Cruise
as → Bobbie
and
me
Charlotte
Dobbins
as Charly
Blackwood



Our story begins with Tom Cruise waking up after a long night's sleep.



Charlotte's "Werewolf Lane" is just one of many stories inspired by her love of movies, comic books and mythological characters.

Charlotte's unique style is inspired by Marvel and Manga but it is truly original

Art should have no defining boundaries and in May 1977 the poet and filmmaker Victor Musgrove approached the Arts Council with the suggestion of mounting an exhibition of outsider art, or 'what Jean Dubuffet called Art Brut'. Musgrove, who had helped Dubuffet establish his museum dedicated to Art Brut in Lausanne, France, proposed 'a large documented exhibition, including photographs and large objects, as well as paintings and drawings.' I was lucky enough to see this exhibition and found it to be as inspiring as the 'traditional' art I had been brought up admiring.

"Art does not lie down on the bed that is made for it: it runs away as soon as one says its name: it loves to be incognito. Its best moments are when it forgets what it is called"

Jean Dubuffet





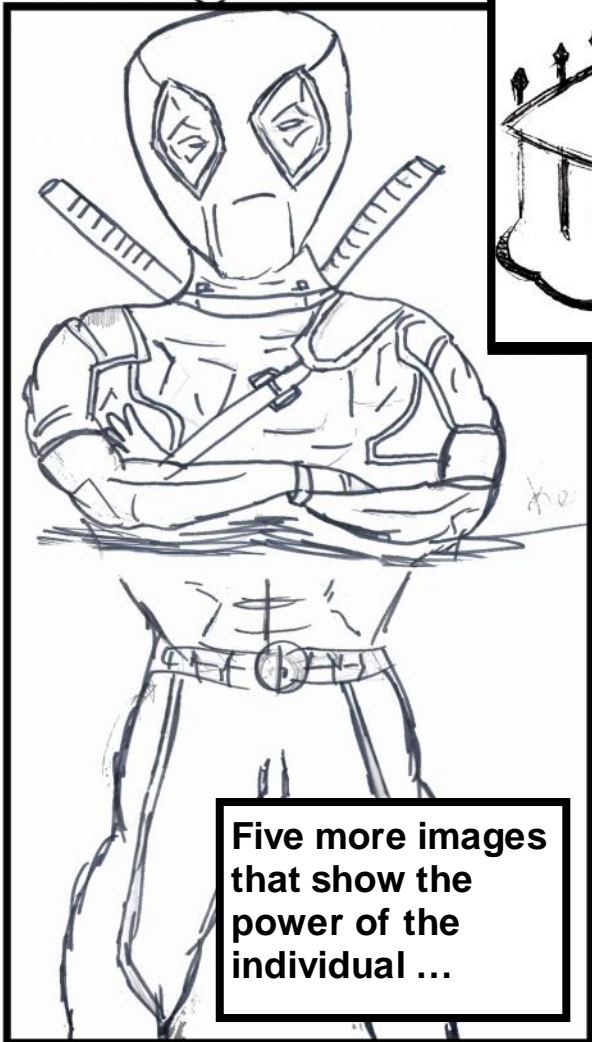
Workshops that took place at the Dales Unit of the Halifax Royal were often collaborative.

To some, this was the first time they had taken to drawing but having been given a basic outline there were individual works of good quality and individuality which gave a sense of value and worth to the creators that was priceless.

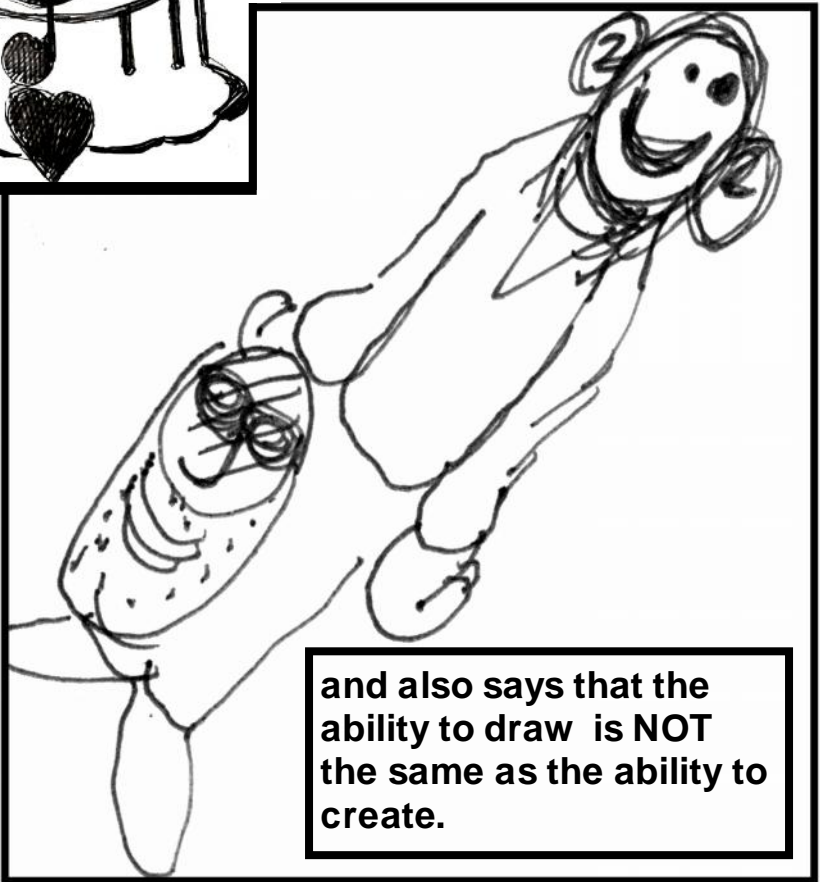




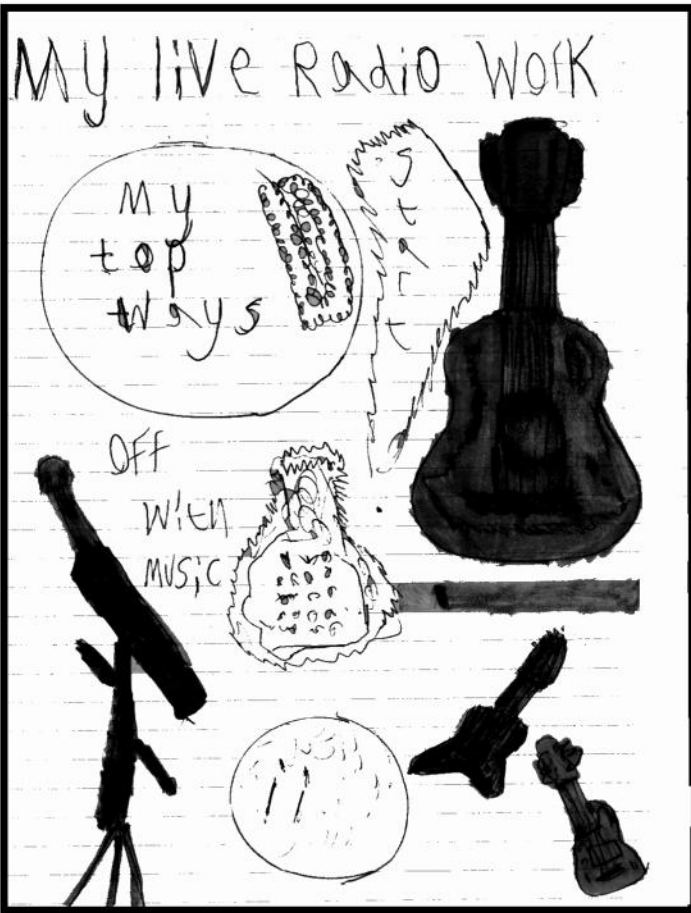
family portrait.



Five more images that show the power of the individual ...



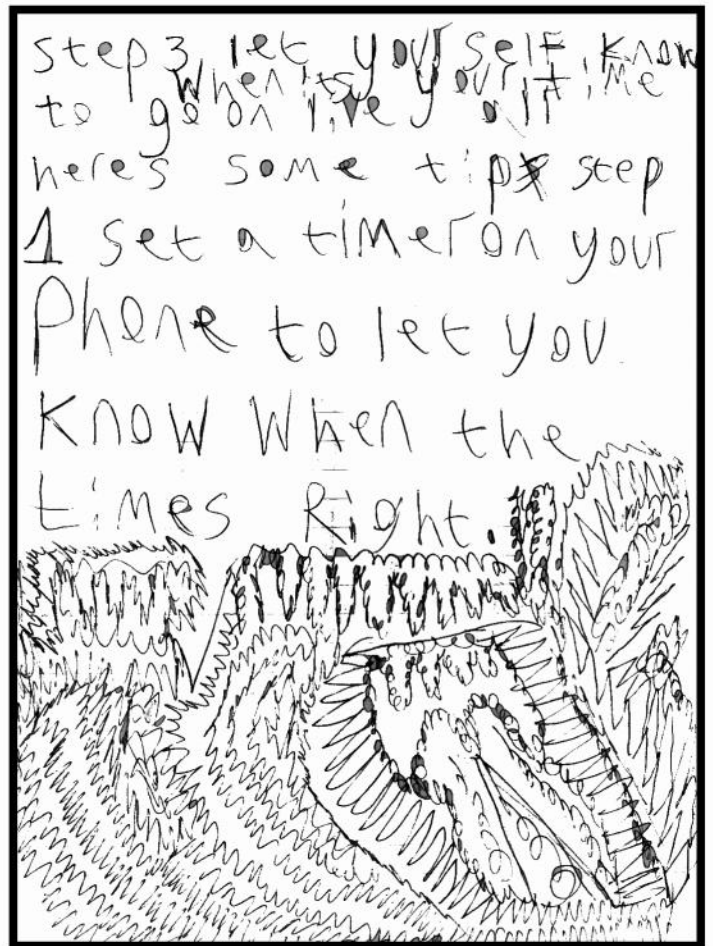
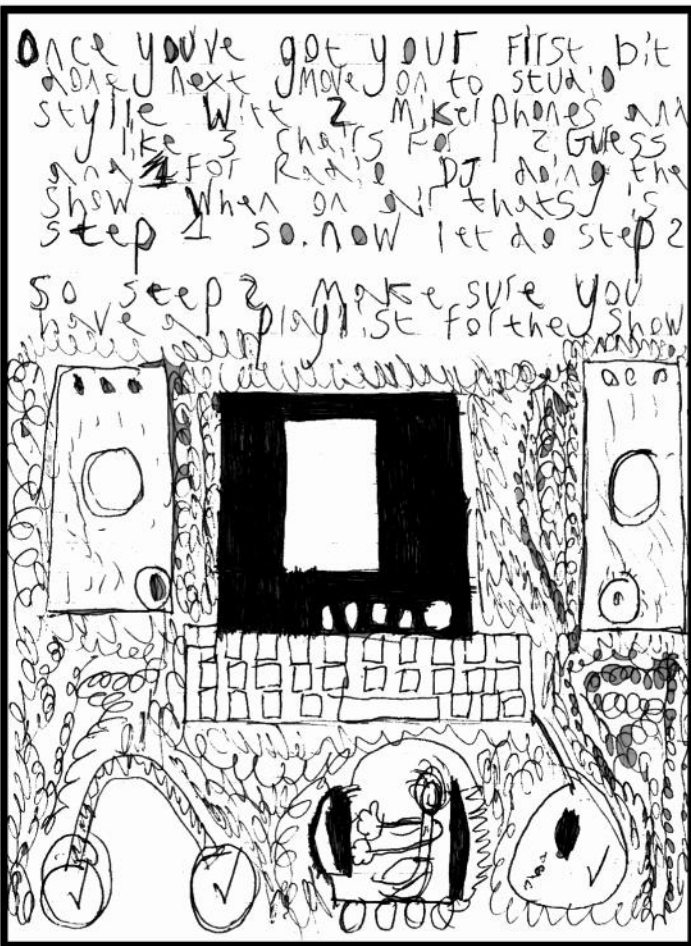
and also says that the ability to draw is NOT the same as the ability to create.

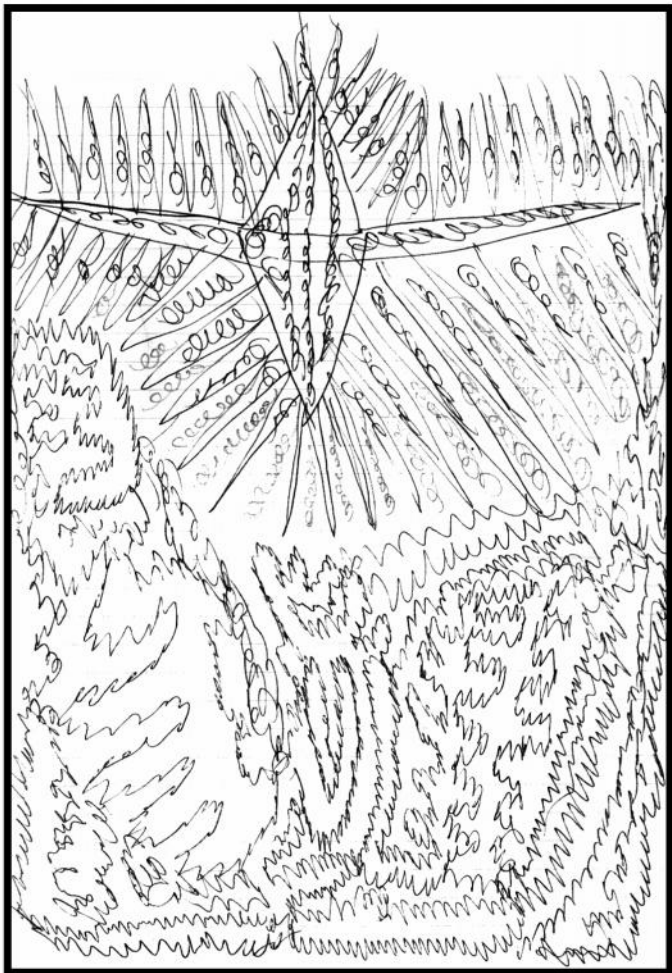


Connor's passion is music and he chose to create his own visual guide to the music industry. His artwork is unique and his text is an integral part of his design. Closer inspection finds hidden imagery amongst the freestyle patterns.

A computer screen, speakers, keyboard, headphones, and someone 'driving' the desk are visible in the image below left.

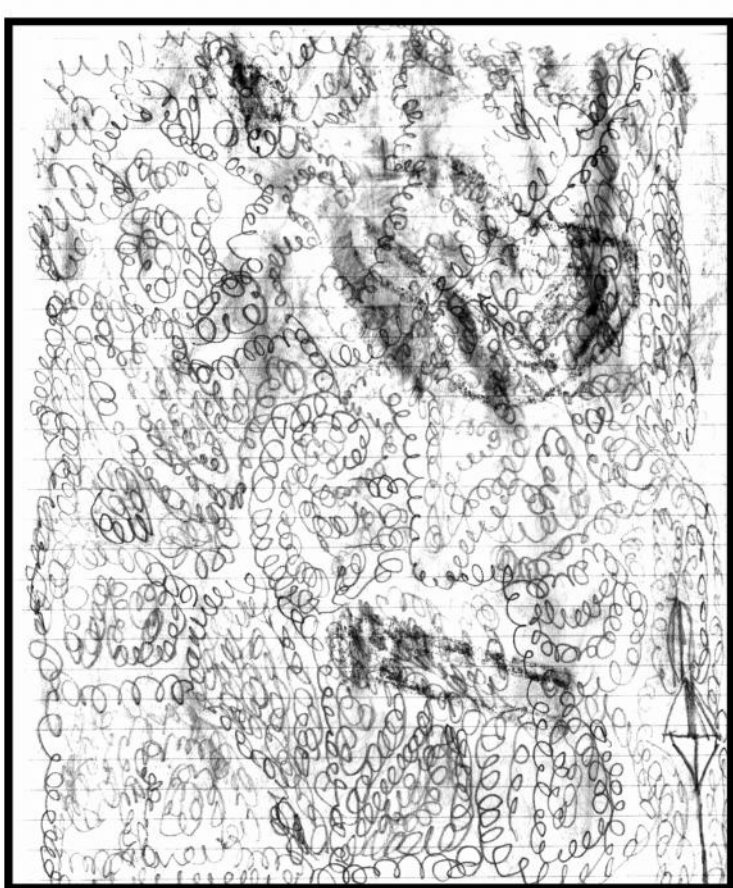
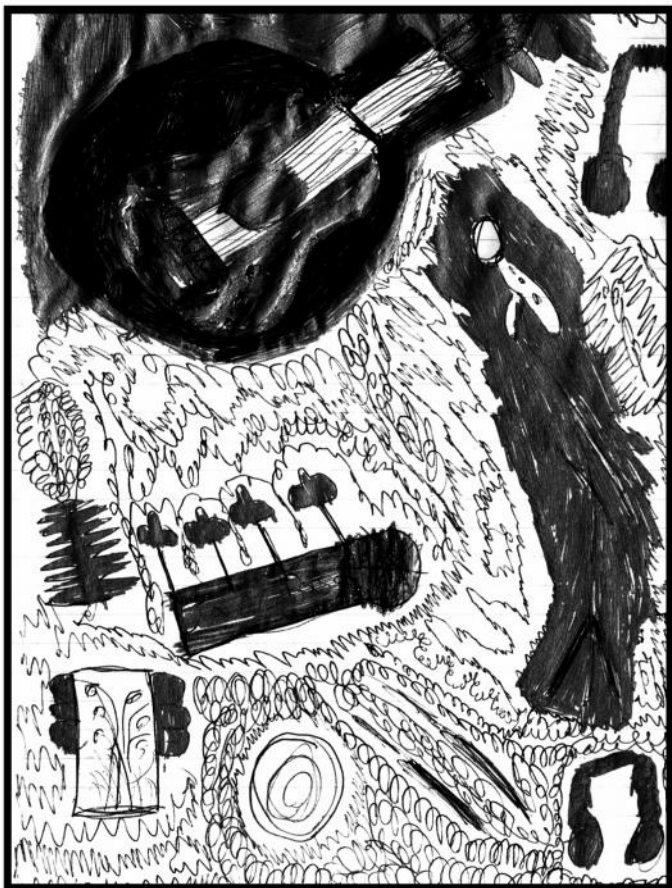

On the following 2 pages, Connor lets fly with a more abstract take amongst a homage to his guitars heroes and reminding us of those all important 'props' that every Rock star needs, before ending with the ultimate dream of performing his own 'Revolutions Of Rock' set at Leeds Festival.





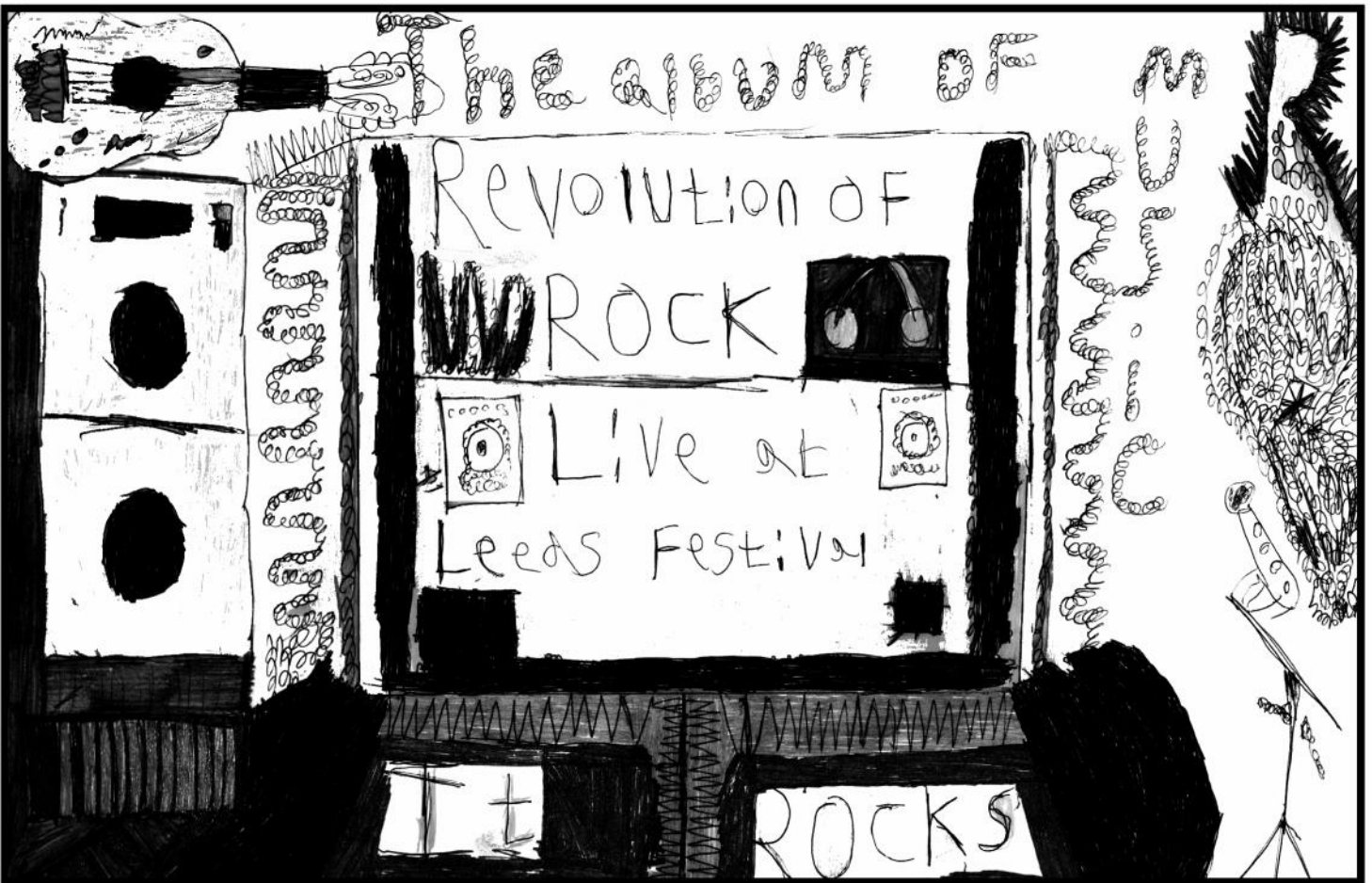
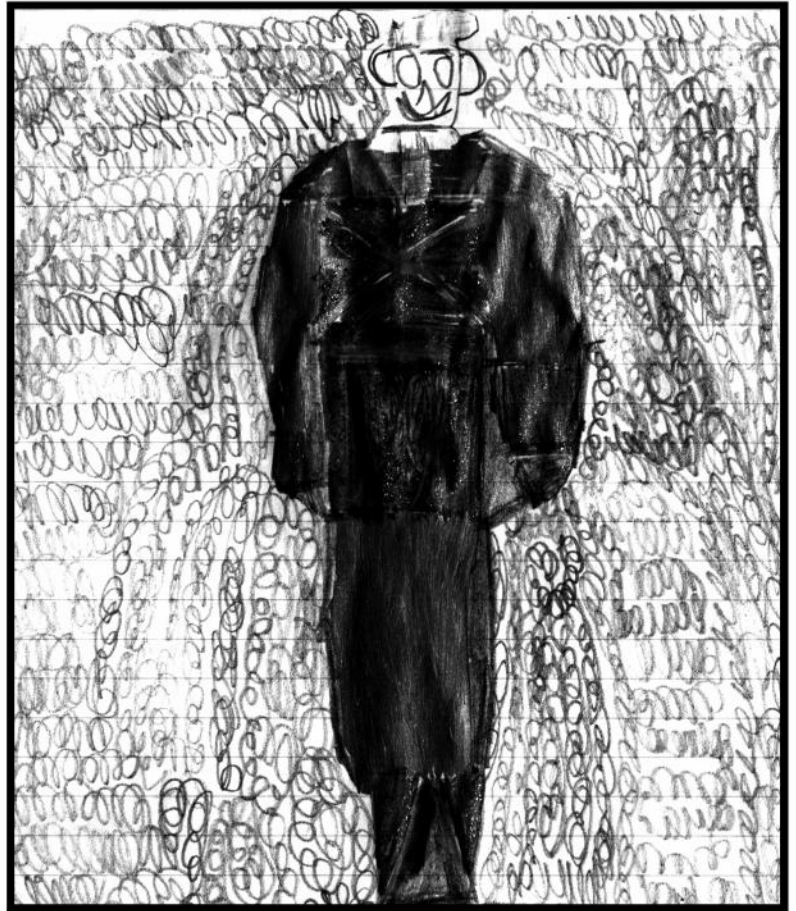
My top 10 guitar players

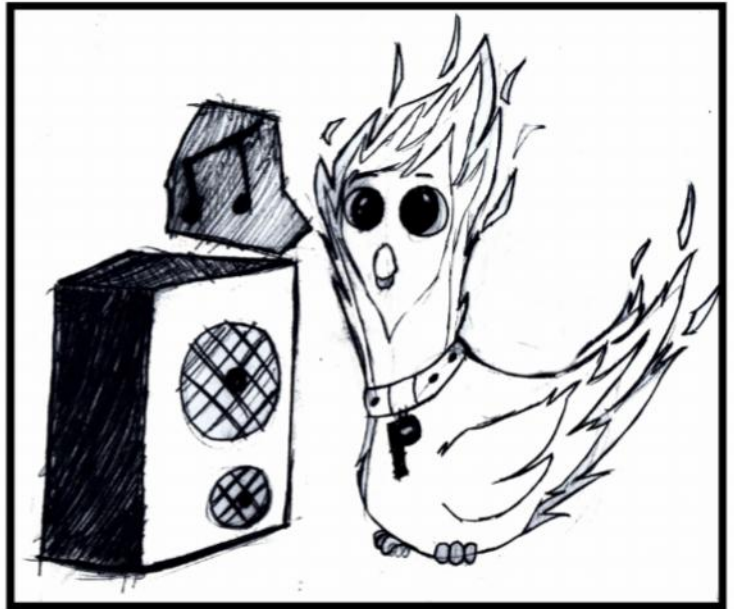
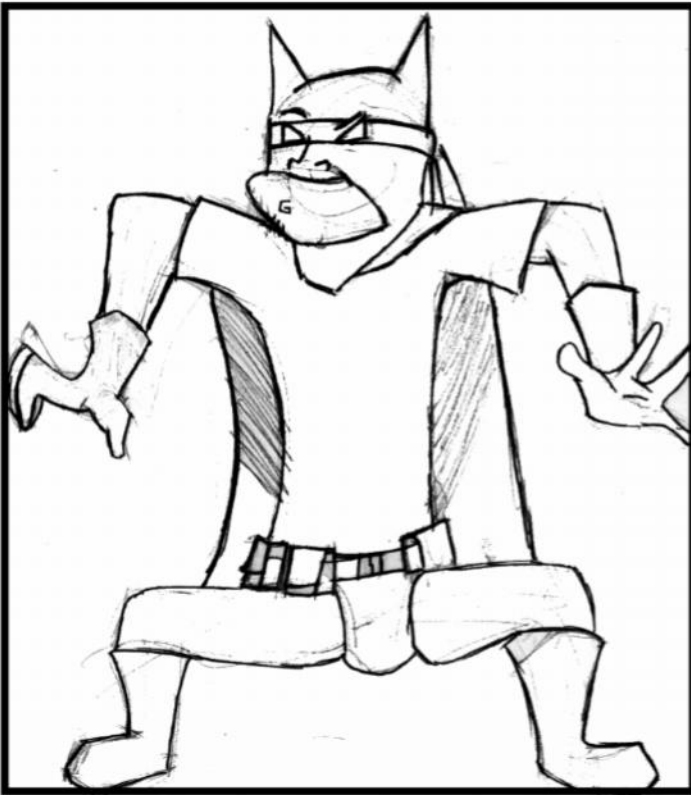
BEN SANSON
MIKE DUCE
SLASH
JIMMY PAGE
JAMIE ARCHER
HENRY REIA
MATT BELLAMY
BILLIE JOE ARMSTRONG
JOAN JETT
DAVE GROH





All right next
step meet kat toys
of anything
you want ✓

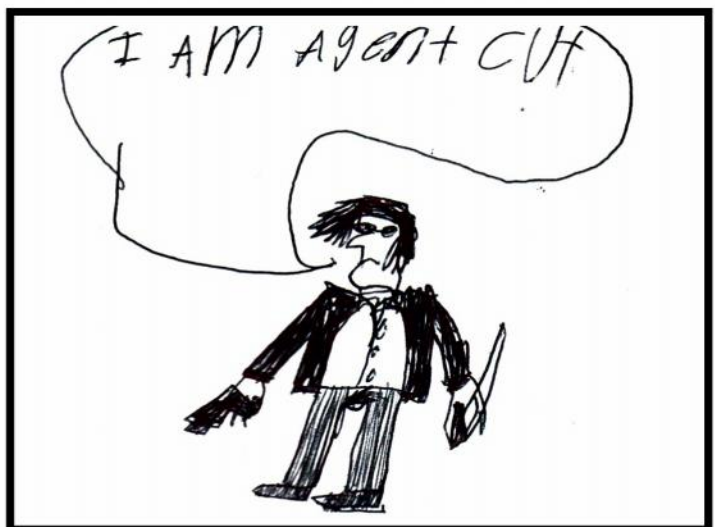


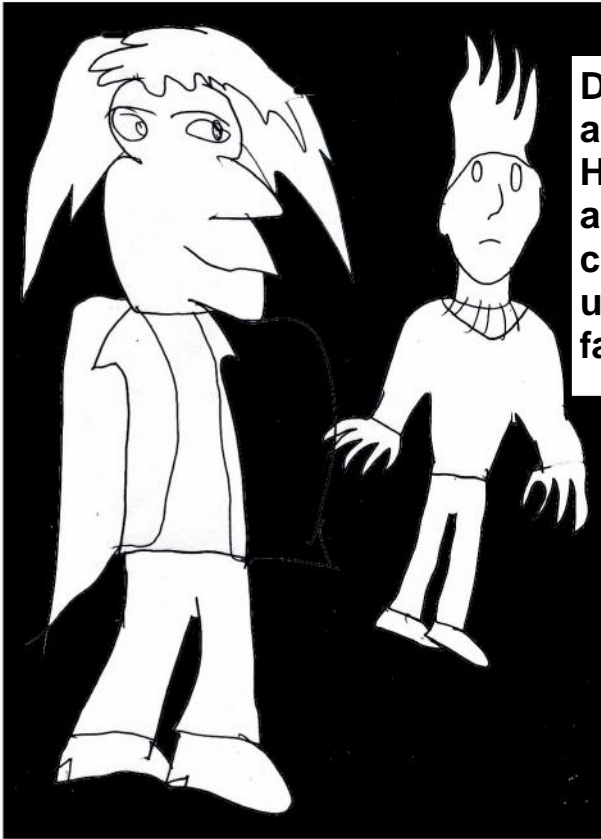


William is brimming with ideas that often get shelved because of other ideas taking priority. So we've only been able to collect a series of his sketches but hopefully, this is the beginning of great things for him.

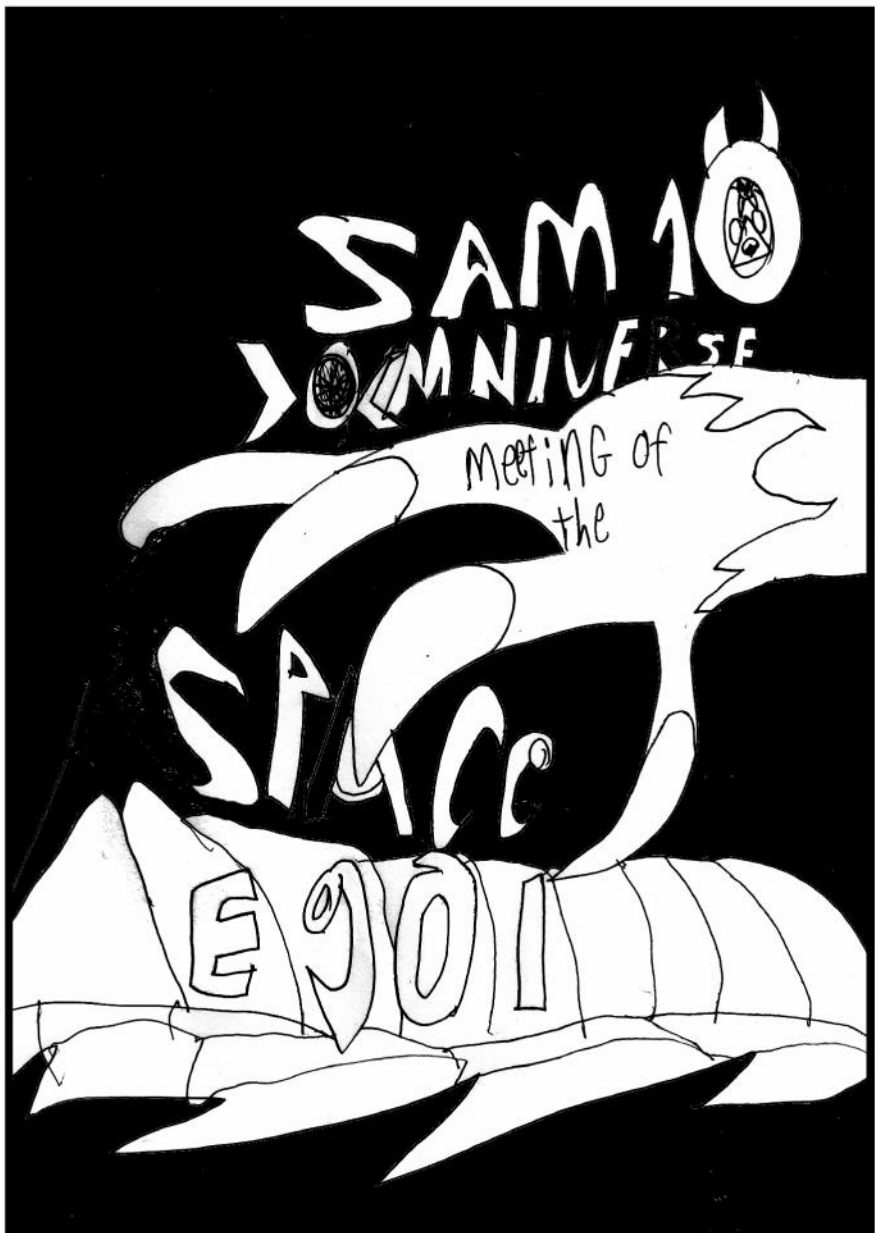
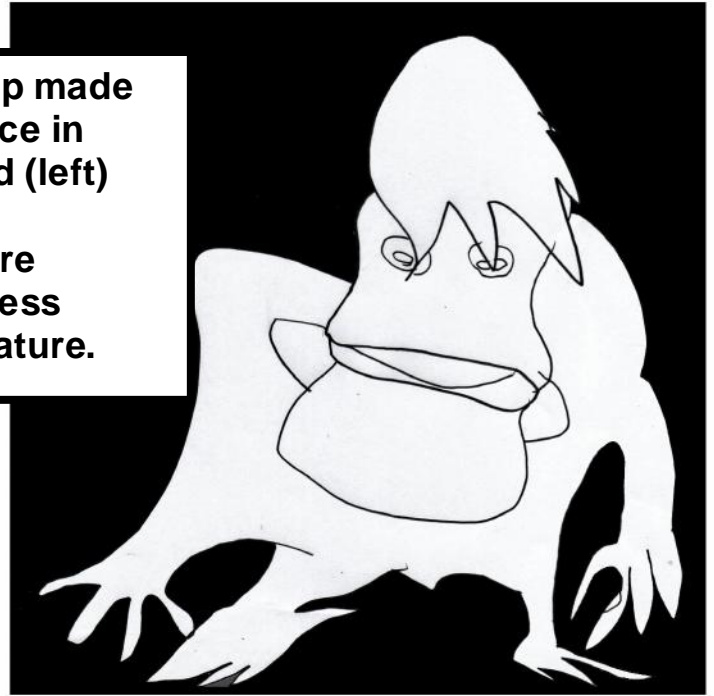


Harry's characters inhabit a unique universe where story is more important than the drawings and yet...





Donald Trump made an appearance in Harry's world (left) although his characters are usually of a less fantastical nature.



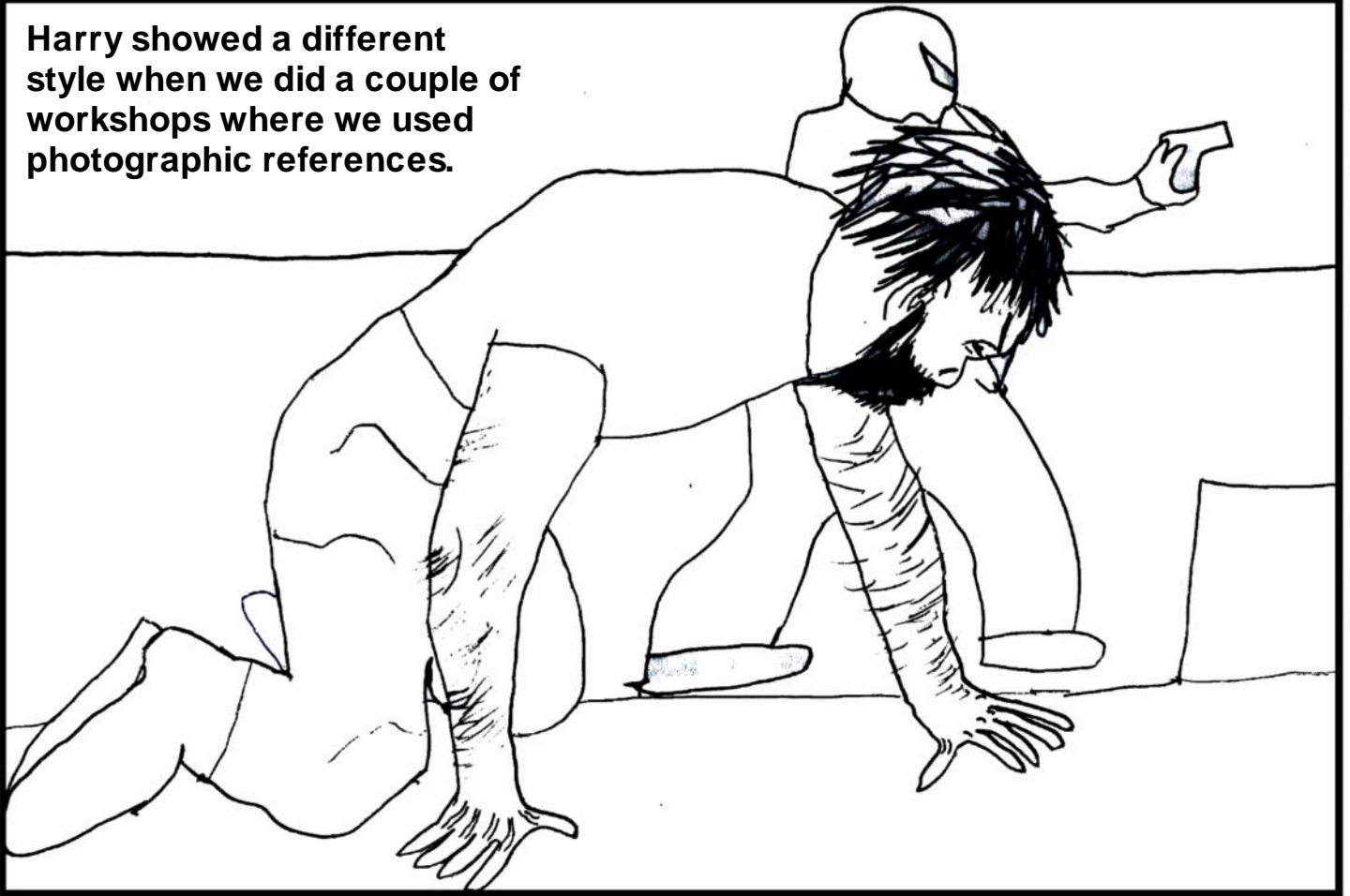
Harry has created a whole universe that puts the Marvel and DC Universes to shame with their powers still to be fully realised. His characters names alone want us to know more about them.

Captain Man, Fiber, Saliva Illuminati Confirmer, Shass Sis Star, The Mono King and The Stone are all waiting for us in Harry's universe.

MASKO
LIEFF



Harry showed a different style when we did a couple of workshops where we used photographic references.



On the next page Jack gives us some tips on how not to be bored.

How NOT to Be Bored (Humorous)

~~1. Do Magic Spells (Because nothing screams interesting than getting lightning blasted towards you)~~

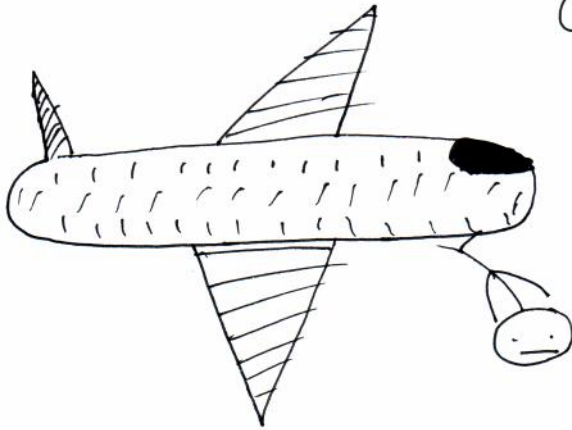


1. Run through a Sprinkler

8. Make your own story/ play.



2. Jump out of a Plane and Chase after a Parachute (Guess you could get hurt in the Danger Zone.)



9. Hang with your Friends

4. Watch ^(CineAction Recommended Channel*) YouTube

10. Visit the Bored Button, or something



3. Get a Girlfriend (~~Start talking about advice for + Roast yourself*~~)



5. Introduce your Friends to New Films



~~5. Ask BBC~~

~~Breakfast for an interview (*Actvany ask for interview*)~~

7. Stare collecting vinyl

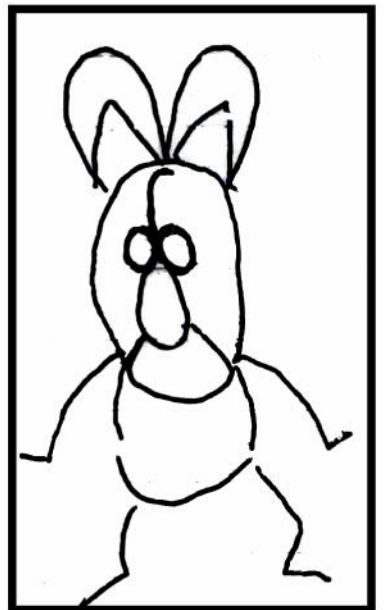
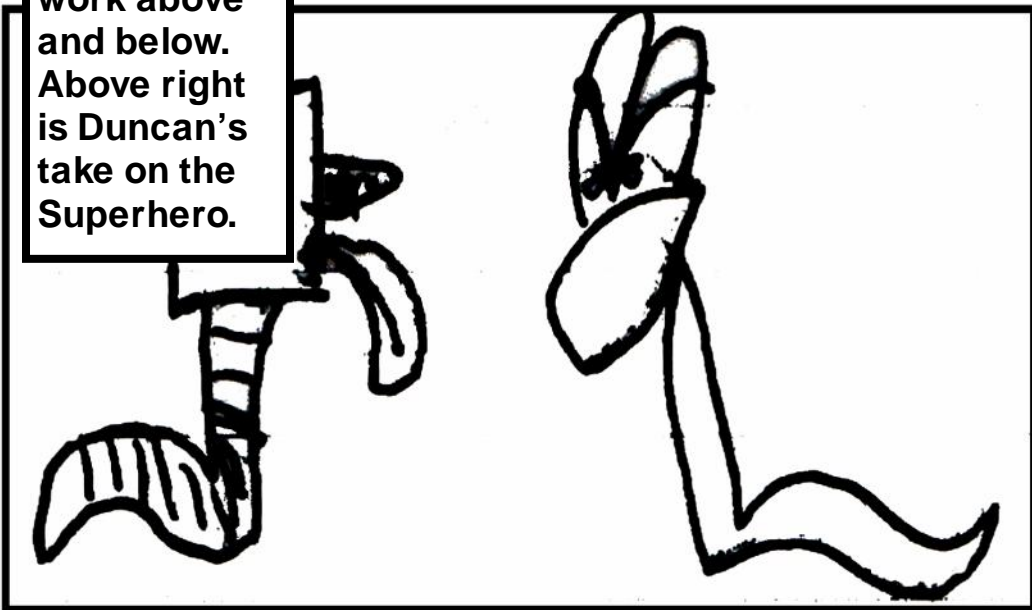
~~7. Eat Panc~~

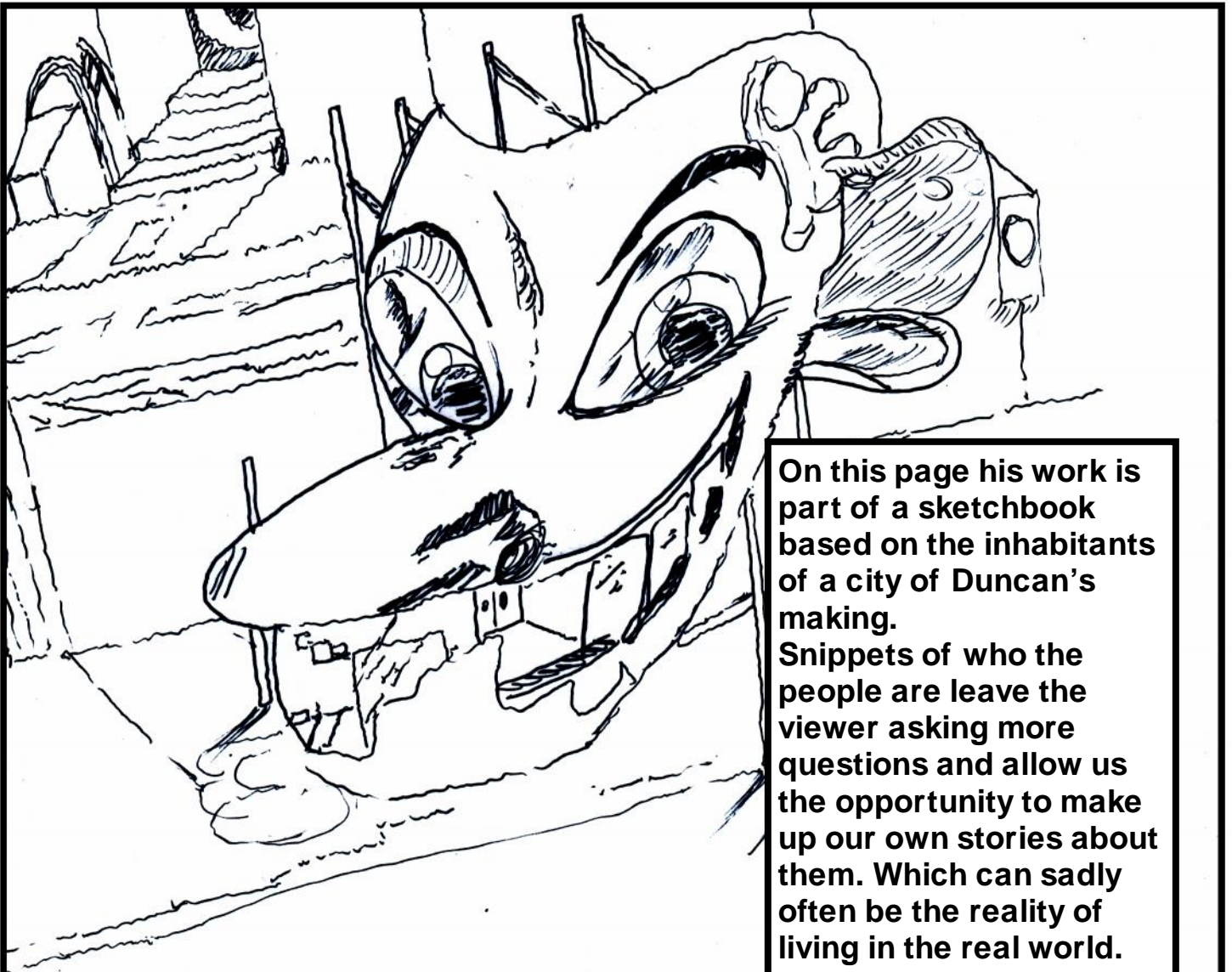


6. Star someone with a bag of Bread, then say "your Baked"



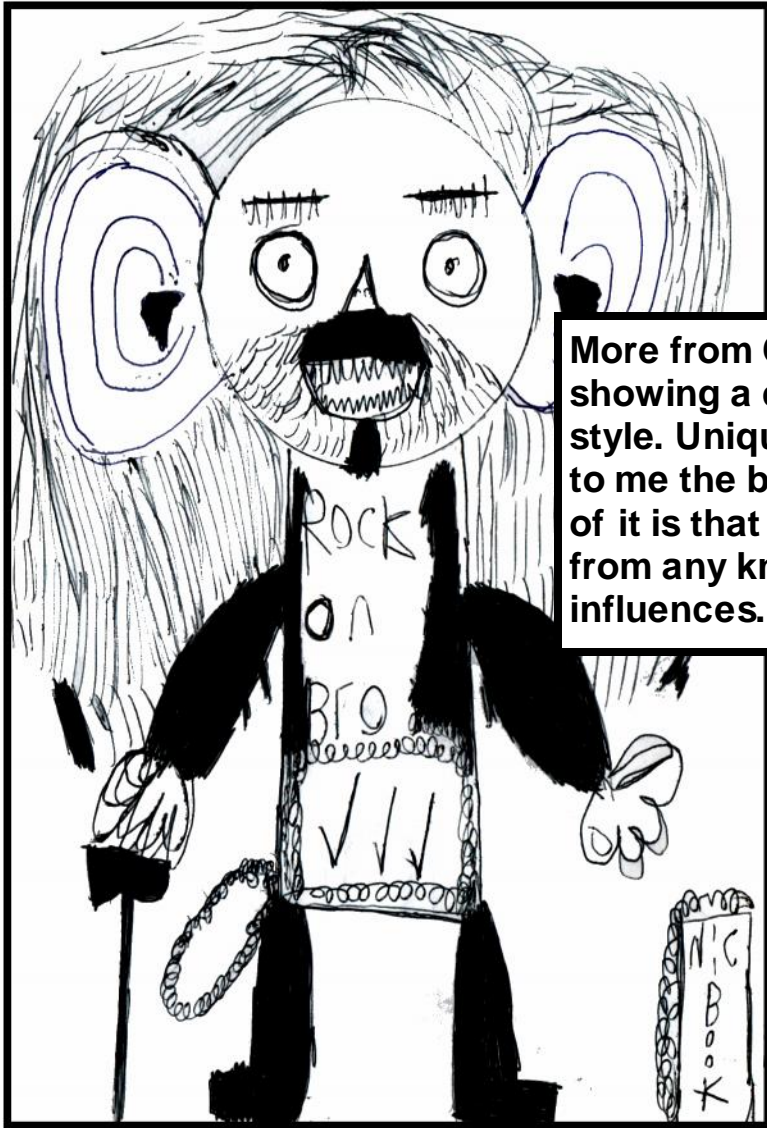
It was Paul Klee who described his art as 'taking a line for a walk'. Duncan has done that with the work above and below. Above right is Duncan's take on the Superhero.



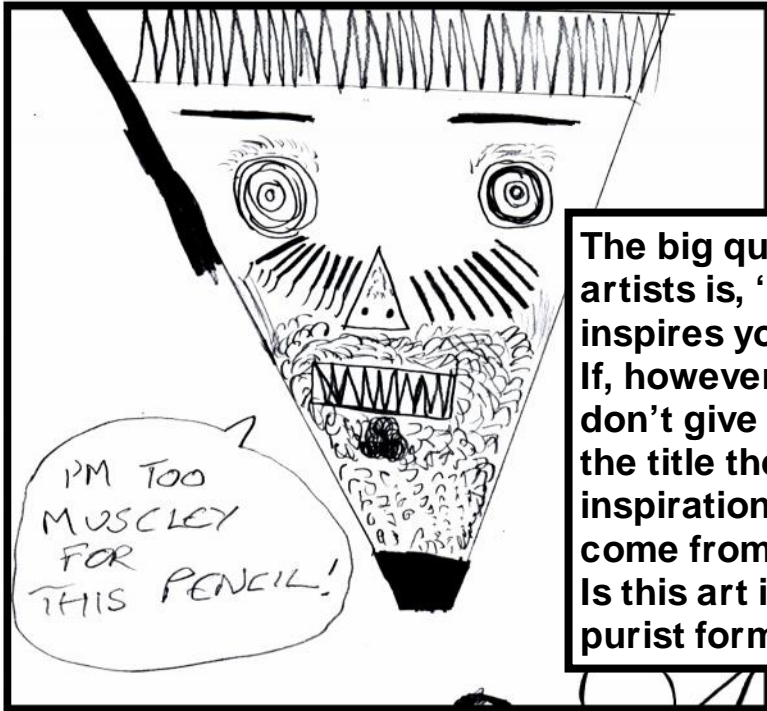
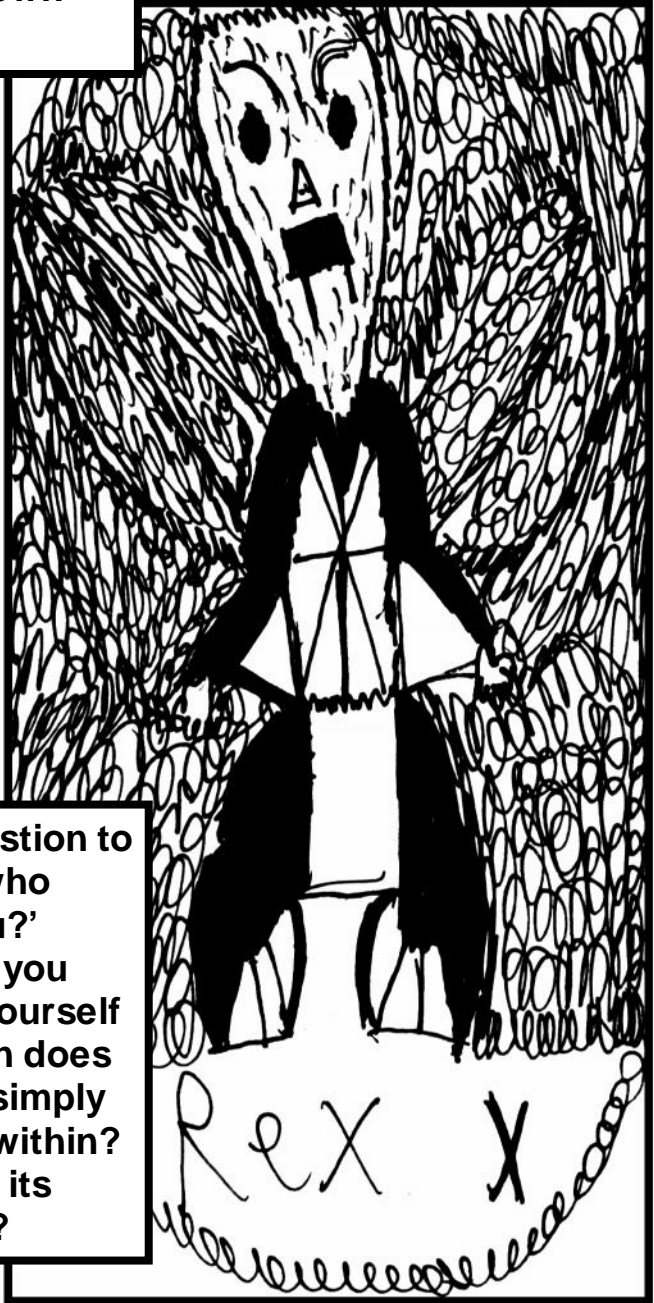
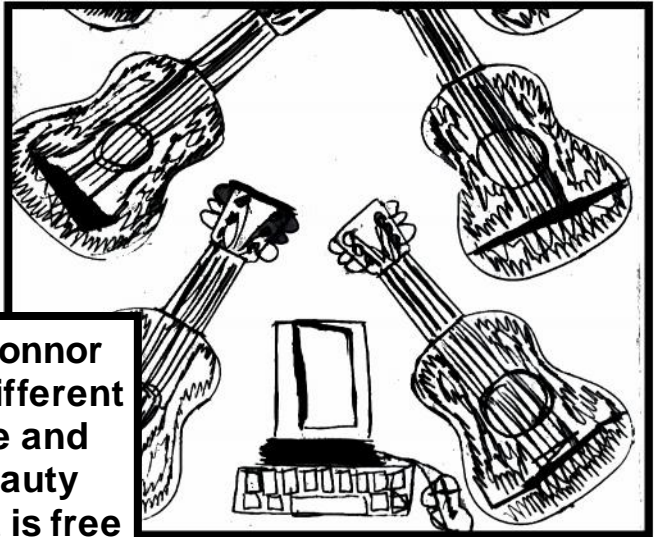


On this page his work is part of a sketchbook based on the inhabitants of a city of Duncan's making. Snippets of who the people are leave the viewer asking more questions and allow us the opportunity to make up our own stories about them. Which can sadly often be the reality of living in the real world.





More from Connor showing a different style. Unique and to me the beauty of it is that it is free from any known influences.



PM TOO MUSCLEY FOR THIS PENCIL!

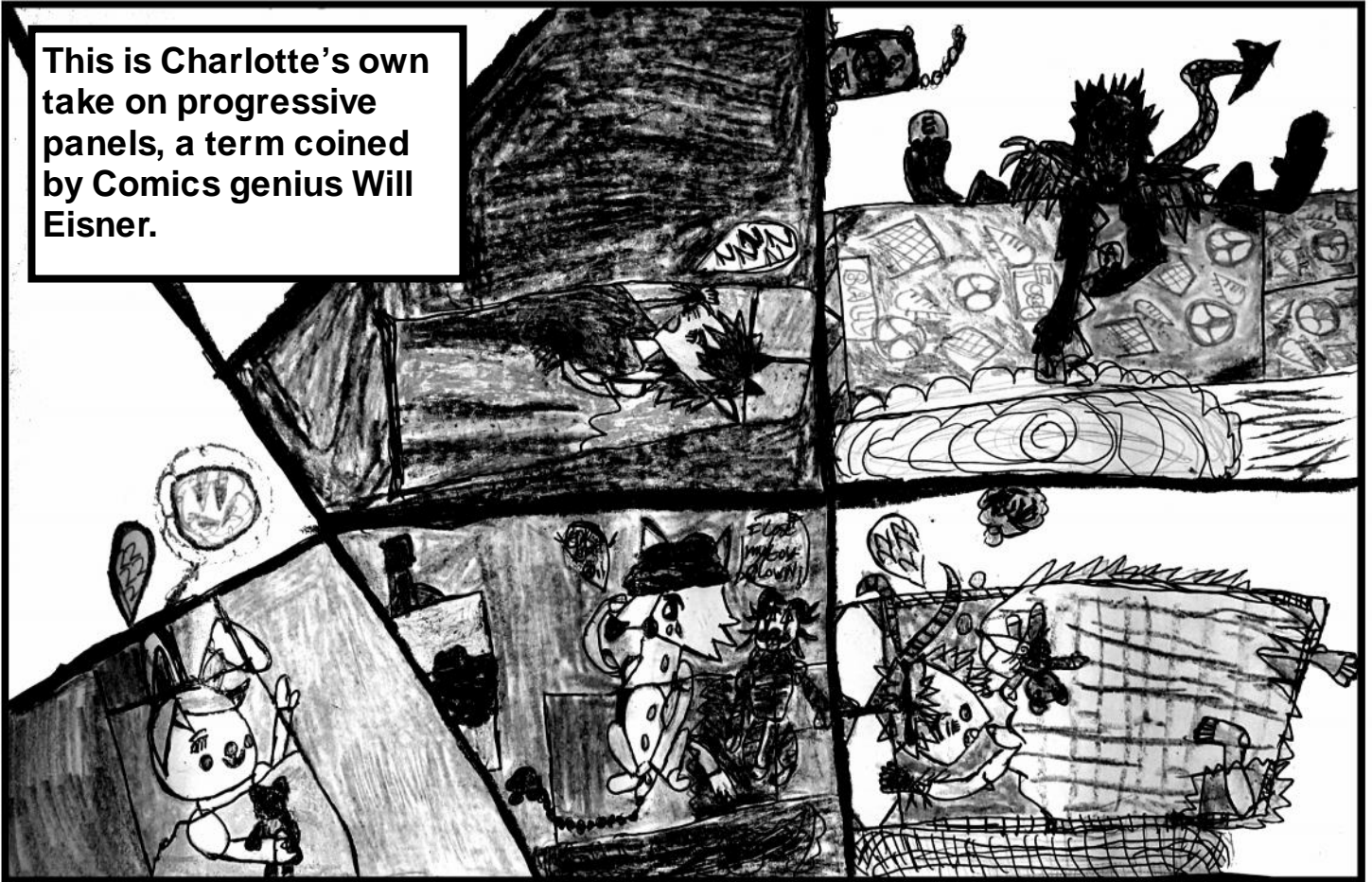
The big question to artists is, 'who inspires you?' If, however, you don't give yourself the title then does inspiration simply come from within? Is this art in its purist form?



“ We began with Charlotte’s artwork and we will finish with more of her images.

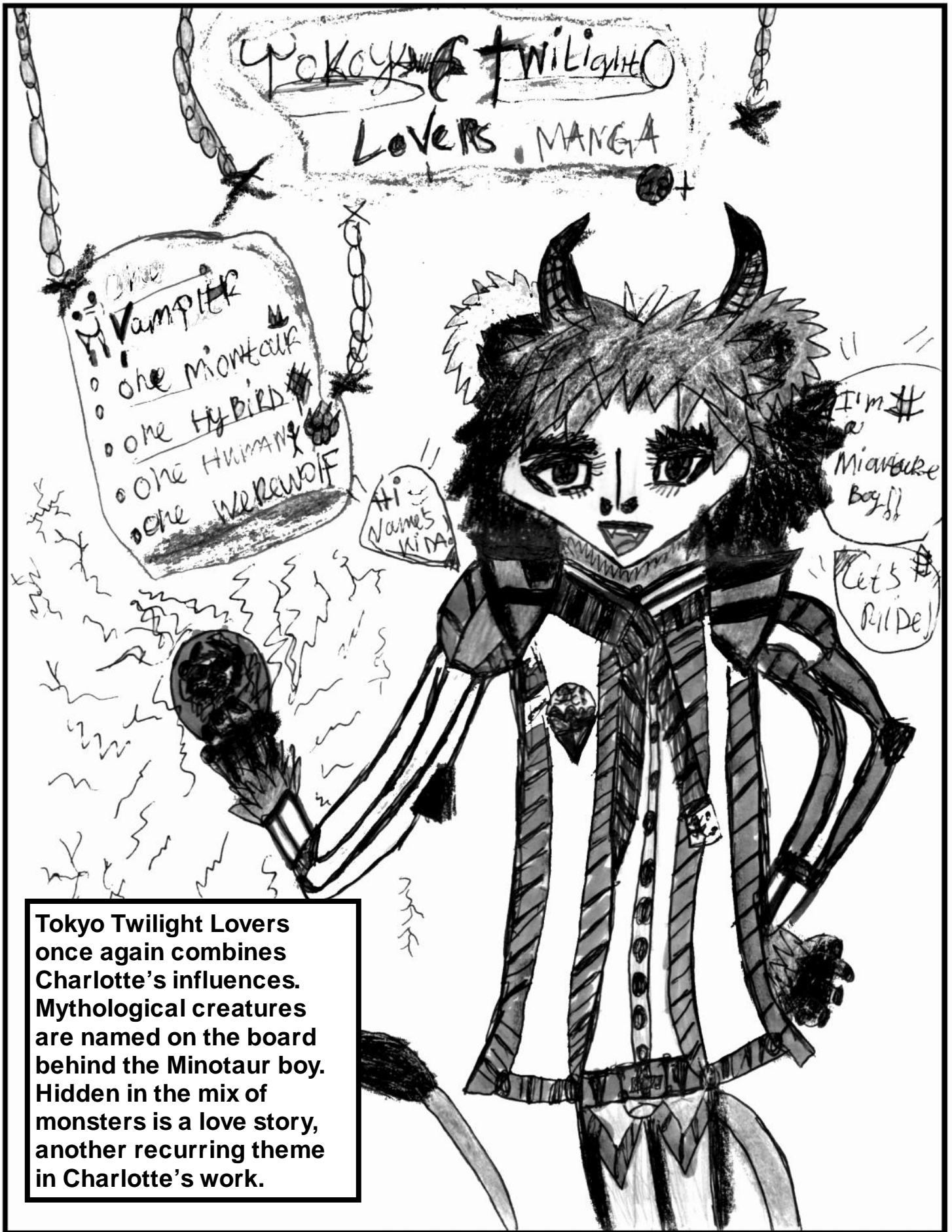
Charlotte creates reams of artwork where her creations live and over time she has gone from free flowing, stand alone images to looking at page layouts and storytelling in a more traditional comic book format but it’s hard to harness pure energy.

This is Charlotte's own take on progressive panels, a term coined by Comics genius Will Eisner.



Two more examples of Charlotte's unique take on Manga art.





Tokyo Twilight Lovers once again combines Charlotte's influences. Mythological creatures are named on the board behind the Minotaur boy. Hidden in the mix of monsters is a love story, another recurring theme in Charlotte's work.

INSIDE OUT TWO EDIZI

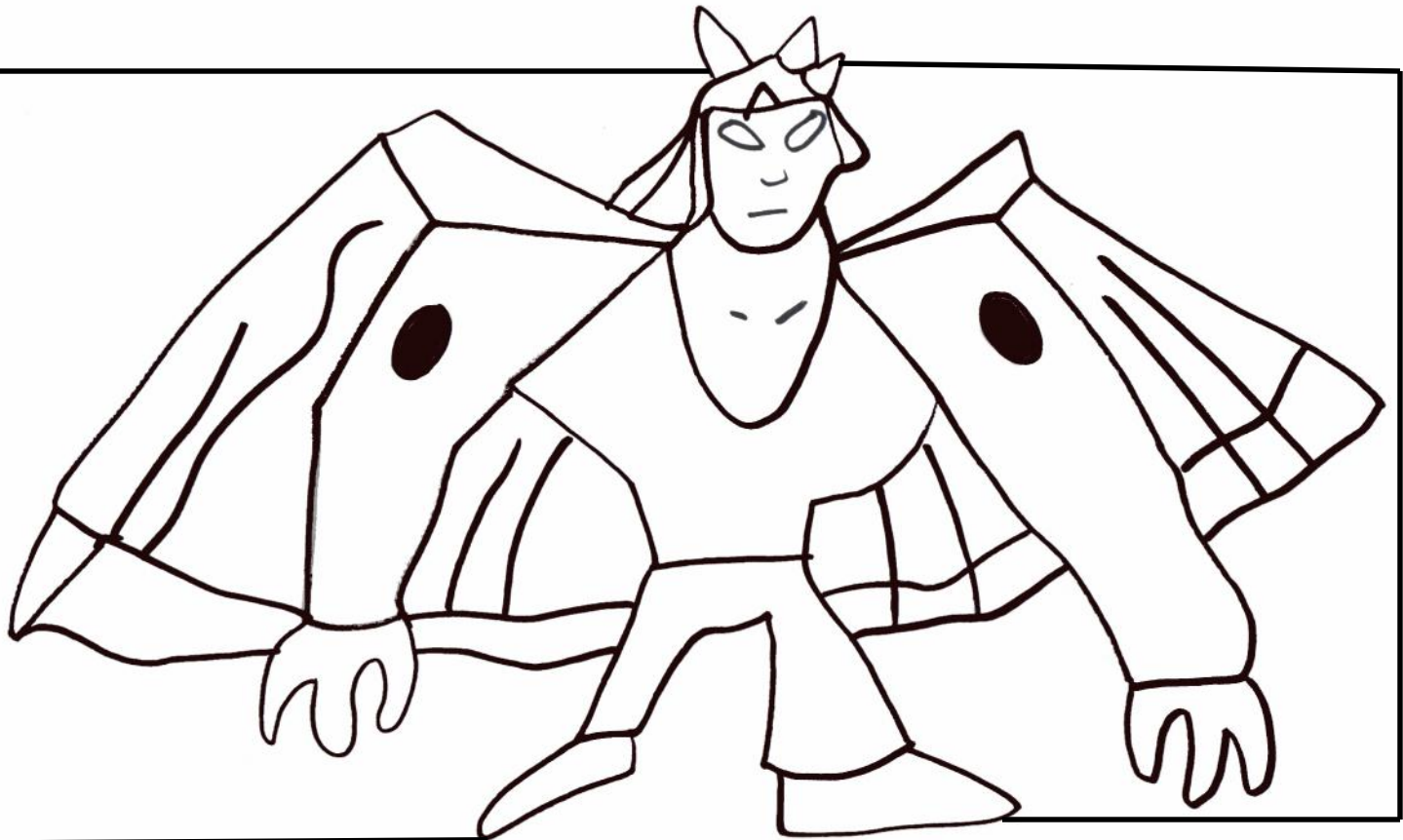
A huge thank you to all the people involved in the production of **INSIDE OUT**. There were times when ideas were discussed but because of personal circumstances not seen through to completion. That said, the workshops were places of inspiration and individual achievements.

Most people who got involved had had no experience of drawing comic book style and amazed themselves with what they were able to contribute.

Sometimes the outcomes came through conversation rather than drawings.

Hopefully the visuals here are as exciting to look at as they were to create.

Howard Priestley



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a series of short stories and works in progress created with and by young people.